



Postdoctoral Day

June 05, 2025 to June 06, 2025

ICFO & External venue

The **Postdoctoral Day** is an event organized by postdocs for postdocs, designed to bring together colleagues from across ICFO to connect, share experiences, and strengthen ICFO postdoc community.

The day will be **preceded by a career development workshop** aimed at enhancing key skills for your professional journey.

The following day, we'll kick things off with **breakfast in the NEST Hall**, followed by an inspiring talk on **Non-Violent Communication**, delivered by a physicist with extensive experience in the topic. The day will continue with a **social activity** designed to foster interaction and collaboration across ICFO's diverse research areas.?

You are warmly invited to join us for **dunch at a local chiringuito**.

AGENDA

June 5 - Career Development Workshop for Postdocs

Location: Mir-Puig Elements room

Learn more about the workshop here: [Key Concept for Leading in Research and Beyond](#)

Register [HERE](#)

June 6 - Postdoctoral Day

Location: ICFO (morning) & external venue (afternoon)

Morning @ ICFO

09:30 - 10:00 | Breakfast

10:00 - 10:15 | Opening Remarks

10:15 - 12:15 | Workshop on Non-Violent Communication

12:15 - 12:30 | Coffee Break

12:30 - 13:30 | Collaboration Speed Dating - an engaging activity to foster interaction across ICFO's six research areas

Afternoon @ the Beach

13:30 - 16:30 | Social lunch at a local chiringuito

16:30 - 16:45 | Closing Remarks & Farewell

Hosted by: ICFO Postdoctoral Committee