Effective Networking for Early-Stage Researchers

ANA M. RIBEIRO

May 05, 2026
10:00 to 13:00
Blue Lecture Room

In-person workshop on how to develop networking strategies in the context of scientific careers, and more specifically, to early-stage researchers. Networking is a critical skill for career advancement. This training will empower this group of scientists with the knowledge and tools to build and maintain a healthy professional network, leverage participation in scientific conferences, establish more collaborations, gain visibility while building influence & trust, staying updated and nurturing career advancement paths (academic or not academic). In-person and online networking will be covered, and also different approaches for different personalities such as introverts or extroverts. The session is designed to be dynamic and with capacity building nature, with individual and group exercises and subjected to an impact evaluation.

Dates: 5th of May, 10:00-13:00

Venue: Blue Lecture Room

Target group: PhD students, Postdoctoral researchers, and Research Engineers. Priority given to late-stage PhD students and Postdocs.

Available places: 25

Trainer: Dr. Ana M. Ribeiro

Ana M. Ribeiro is a Biologist from Portugal, where she obtained a PhD in Immunology at Instituto Gulbenkian de Ciencia in 2017. Shortly after, Ana moved to the University of Maryland (USA) as a Postdoctoral Fellow, and it was during this period that she decided to leave the bench to work i¿½at the bench-sidei¿½ on science education and resear her professional development. Along her path as a researcher, and largely due to pers nal experience, she grew an interest in the individual and collective dynamics of early ca eer researchers within the academic system. Ana joined the Office of Intramural Training and Education (OITE) at the National Institutes of Health (NIH) in 2019, which propelled her interest in supporting scientists thrive in their careers while developing strategies to pro ote institutional change. After returning to the Iberian Peninsula and working in the People eam at CICenergiGUNE, Ana joined VHIO Academy, the education & training department at the Vall d'Hebron Institute of Oncology (VHIO) in Barcelona as a Research Cultu e & Development Officer. Ana's career blends a background in research with sci nce management, human resources, science education and training for scientists, which she

ses to learn about what is important for them to grow professionally and to guide them thr ugh the many possible routes that lead to their career goals.

** If you require an accommodation to participate in this event due to a disability, please contact the Events Team at events@icfo.eu as soon as possible.

Hosted by: Academic Affairs