# Supervision Skills Workshop and Postdoctoral Day

September 22, 2026 to September 23, 2026
Blue Lecture Room and Castelldefels Beach

The **ICFO Postdoctoral Day & Supervision Skills Workshop** brings together postdoctoral researchers and supervisors for an engaging programme focused on strengthening mentoring skills, fostering professional growth, and building connections across the ICFO community.

**Supervision Skills Workshop**

**22 September** | Blue Lecture Room

The **Supervision Skills Workshop** is designed to strengthen mentoring and supervision practices while exploring effective and inclusive management strategies. Participants will gain practical tools to support students and early-career researchers, promote positive research environments, and enhance their leadership skills.

The workshop consists of **one core session and two optional sessions**, allowing participants to attend the core session only, the first two sessions, or the full programme.

*Please refer to the workshop brochure for the full programme and session descriptions.

**ICFO Postdoctoral Day**

**23 September** | ICFO (morning) & external venue (afternoon)

Organized **by postdocs, for postdocs**, the ICFO Postdoctoral Day is an opportunity to connect with colleagues from across the institute, exchange experiences, and strengthen the ICFO postdoctoral community through a combination of professional development and networking activities.

**Programme**

**09:30 - 10:00** | Welcome breakfast

**10:00 - 10:05** | Opening remarks

**10:05 - 12:00** | Workshop: Build Your Independent Research Identity

**12:00 - 12:15** | Coffee break

**12:15 - 13:00** | Community-building activity organized by ICFO postdocs

**13:30 - 15:30** | Networking lunch at a local chiringuito

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**Hosted by:** Academic Affairs and The Postdoctoral Committee